

DAY ONE

THE TRUTH ABOUT WEALTH

Reading for Day One:

Understand that wealth is something you already possess. Yes I know, it often doesn't feel that way, especially as the worldview is set up to encourage all of us to fear that there is not enough. Most people succumb to this fear at one time or another, and become obsessed with finding ways to 'get more' — usually money, since that is the currency we most associate with as wealth.

Have you ever noticed that when you are in the fear of not enough and working hard to have enough, there is never enough? We are going to start from the premise that the 'not enough' is a lie. Why? Because "What *you* believe to be reality magnifies." If you and I agree with the worldview that there is not enough: there won't be — for you, for me, for anyone.

To release yourself and others to wealth we all need to: Wake Up! Wake up — Wake up — the W in W E A L T H. To see and experience Your Wealth and Prosperity, the key is to decide to focus on the wealth already present in your life. Not money. Wealth. Money will follow when you decide to eliminate any thought that is not about what you and others don't have.

Instead let's focus entirely on what you *do* have.

Writing for Day One:

Start your *Wealth Journal* today. Spend the next 2 minutes writing down in this journal all the wealth that you can see right now that is already yours to use. Look around what do you see?

For example: Your computer, desk, chair, rug, walls, windows, cup, drink, — keep going!

Discipline for Day One:

Did you notice that there is so much wealth right in front of you that you can't possibly write it all down in two minutes!!

This is your disciplined thought for today. Repeat to yourself — out loud if possible as many times as you can — this statement:

"I am awake to wealth!"

How about saying this at least 100 times today! How about 200 times? More — YES — you can do it!

Say it while working, playing, brushing your teeth, talking on the phone, watching TV, and driving the car. Turn on the light with this statement. *I am awake to wealth!*

That's it — simple. You can do it — all day!

"I am awake to wealth!!"

